

System of Care 101



System of Care

Missouri

What is System of Care (SOC)?

SOC is a comprehensive spectrum of effective services and supports for children, youth, and young adults with or at risk for mental health or other challenges and their families that is organized into a coordinated network of care, builds meaningful partnerships with families and youth, and is culturally and linguistically responsive in order to help them to thrive at home, in school, in the community, and throughout life. A system of care incorporates mental health promotion, prevention, early identification, and early intervention in addition to treatment to address the needs of all children, youth, and young adults.

(Stroul, B.A., Blau, G.M., & Larsen, J. (2021). The Evolution of the System of Care Approach. Baltimore: The Institute for Innovation and Implementation, School of Social Work, University of Maryland.)



The Impact of SOC

**Engages services
upstream**

**Improved
communication**

Braiding of funds

**Increased
accessibility of
services**

**Family/youth
/individuals
are engaged
and involved**

**Individualization of
services**

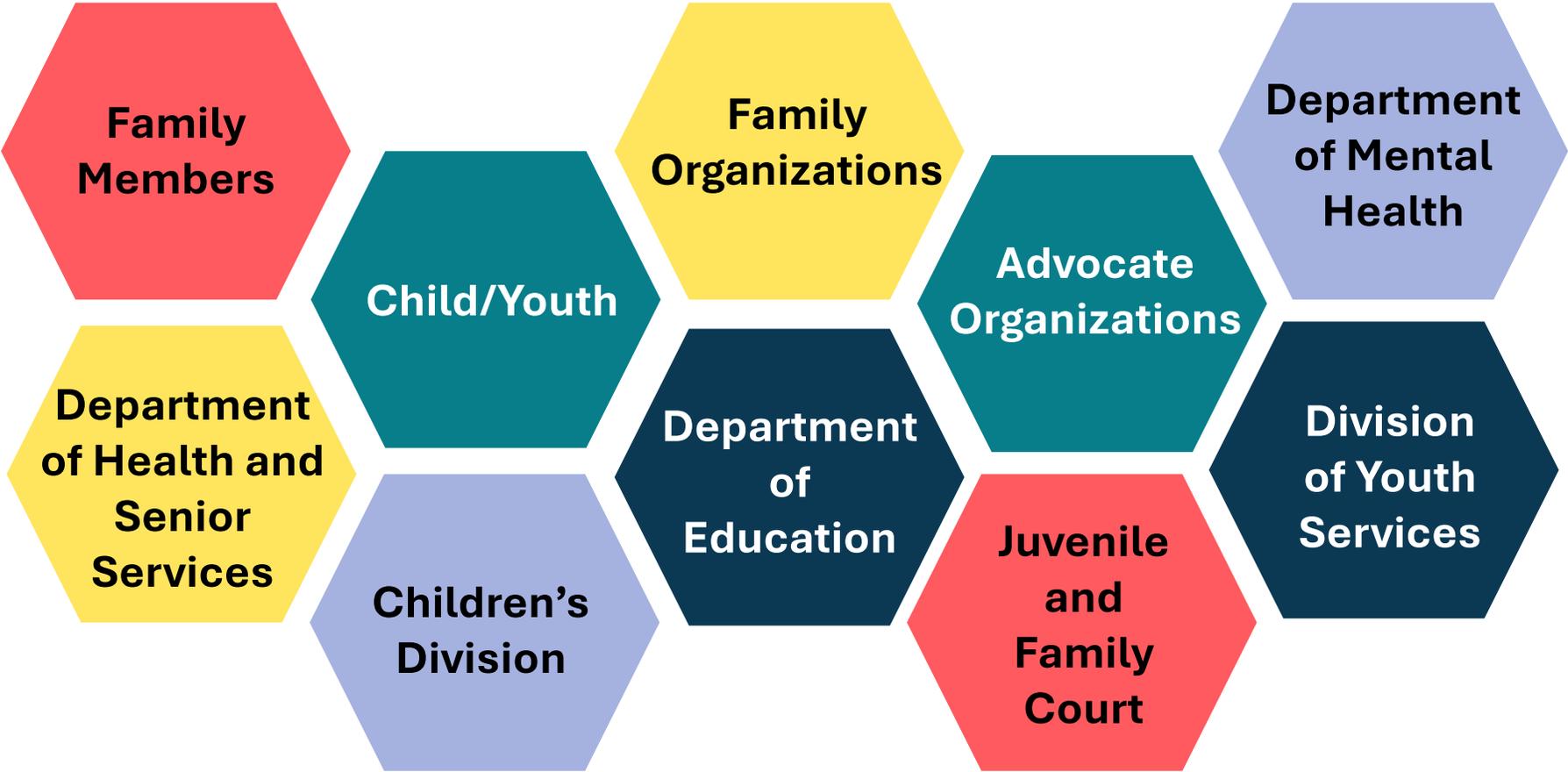
**Innovative
solutions**

**Positive
outcomes for
those involved in
multiple systems**



SOC Partners- historically

(This is not an exhaustive list, there are many partners at the SOC table.)



Core Values

Family and Youth Driven, with families and young people supported in determining the types of treatment and supports provided (with increasing youth/young adult self-determination based on age and development), and their involvement in decision-making roles in system-level policies, procedures, and priorities.

Community Based, with services and supports provided in home, school, primary care, and community settings to the greatest possible extent, and with responsibility for system management and accountability resting within a supportive, adaptive infrastructure of structures, processes, and relationships at the community or regional level.

Culturally and Linguistically Competent/Responsive, with agencies, services, and supports adapted to the cultural, racial, ethnic, and linguistic diversity of the young people and families they serve to provide care that meets individual needs, including those shaped by culture and language, and to ensure equity in access, quality, and effectiveness of services.



Guiding Principles



Guiding Principles



Please contact JJ Gossrau for additional information about SOC Expansion efforts.

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For information about how to become more involved in local SOC Teams, please contact the [SOC Team Chair](#).

SystemofCare.mo.gov

Thank you!